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Press Release

Almost Family Implements TouchPointCare Telehealth Throughout System

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Libertyville, IL (September 22, 2008) Emphasizing the need to cost effectively monitor their patients between clinical visits, Almost Family, headquartered in Louisville, KY, has signed Subscription Service Agreements with TouchPointCare covering over 40 Almost Family offices. The initial roll-out, which began in the 4th quarter of 2007, started with those patients diagnosed with congestive heart failure and has expanded to additional diagnoses including COPD and Hypertension.

The TouchPointCare (TPC) Phone Monitoring Telehealth system is a web based software application that facilitates the gathering of patient self-reported data. Through the use of customizable scripts and a unique "Alerts" capability, Almost Family is able to use non-clinicians to contact the patients. Whenever a patient response triggers an Alert the clinical staff is immediately notified and then takes appropriate action.

Almost Family has found that the TPC system allows them to quickly and easily stay in touch with patients without the considerable expense of electronic monitoring equipment. "Our goal is to provide the best patient care possible and keep patients out of the ER and out of the hospital, TouchPointCare helps us do that", says Phyllis Montville, SVP for Almost Family. In addition to better patient outcomes, Kathleen Borders, an Account Executive out of the Sebring, FL, office says, "I am able to get new physician referrals by emphasizing our commitment to telehealth and showing the physician practices how they can have on-line, real-time access to view the data on their patients."

Almost Family, Inc. (NASDAQ:AFAM) founded in 1976, is a leading provider of home health nursing, rehabilitation and personal care services, with 90 locations in 11 states. Almost Family, Inc. and its subsidiaries operate two segments: Visiting Nurse, or VN, which provides skilled nursing, and physical, occupational and speech therapy services primarily to Medicare beneficiaries; and Personal Care, or PC, which provides custodial and personal care services. Almost Family's services are generally covered by federal and state government programs, commercial insurance and private pay.

TouchPointCare is leading the telehealth revolution with a unique phone monitoring system that enables a "data driven" approach to health care. Their low cost, data collection system is based upon frequent and consistent capturing and recording of patient reported data via the telephone. By eliminating the need for expensive monitoring devices TouchPointCare is making Phone Monitoring telehealth a cost effective tool for the entire health care industry. The Internet based system is extremely flexible and highly customizable for a wide range of phone monitoring and data



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collection uses. Accessible via any standard web browser and offered as a monthly subscription service, TouchPointCare is making telehealth available for everyone. For more information visit their website at: www.touchpointcare.com

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